## **SERMON DISCUSSION STARTERS**

- A hummingbird near Bingham Canyon, Utah was seen pressing its bill against the biggest red "flower" in town. No one knows for sure how long it took for the bird to realize that you can't get nectar out of a traffic light! You know, we act like that bird sometimes. We expend a lot of energy to feed our souls with food that doesn't satisfy. What unfulfilling things have you been consuming that still leave your heart hungry and your soul thirsty? List them below.
- There is a longing in every heart that only Jesus can satisfy. Will you stop pursuing cheap imitations and "Come" to the one who can give you refreshment, nourishment, and joy? What would it mean for you to "Come" to Christ for fulfillment today. What would you have to stop doing? What would you have to "put off?"
- The satisfaction God offers is free for you and me. It was paid for by the cross-work of Jesus. All you have to do is receive it. Imagine how insulting it must be to God when we disregard his immeasurable grace gift, and seek to earn or pay it ourselves. All authentic Christian satisfaction comes from what God provides, not what we provide. What would it mean for someone to stop trying to quench their soul thirst by the works of their own hands, and start simply receiving God's free grace?
- If you are distant from God, you need to come and draw near. If you have drawn near but are in need of refreshment, nourishment or joy, drink deeply of that which Christ alone provides. If you have enjoyed God's gracious gifts, then don't keep them to yourself. The gospel is meant for sharing. Take time to reflect on what God has taught you, and pray that God will help you to be a "doer of the word." Write down what God is spurring you to be or do.

## TODAY'S NOTES