



# YOU CAN CHANGE

THE LIVING GOD MEETS US IN OUR SIN & SUFFERING

## WEEK #1 - THE PATH OF CHANGE

“This life, therefore, is not righteousness but growth in righteousness, not health but healing, not being but becoming, not rest but exercise. We are not yet what we shall be, but we are growing toward it; the process is not yet finished but it is going on; this is not the end but it is the road. All does not yet gleam in glory, but all is being purified.” - *MARTIN LUTHER*

### #1 REMEMBER YOUR DESTINATION

*IF YOU ARE GOD'S CHILD, HIS FINAL DESTINATION FOR YOU IS THAT...*

You will be \_\_\_\_\_ forever. (Rev. 21:4)

You will be \_\_\_\_\_. (“Be not afraid”)

You will no longer face \_\_\_\_\_. (Rev. 21:4)

You will be \_\_\_\_\_. (Psalm 33:31, 36:7-9)

You will be \_\_\_\_\_. (Rom. 8:19)

You will be a \_\_\_\_\_ person. (Ex. 34:6-7)

You will be like \_\_\_\_\_ when you see Him. (1 John 3)

## #2 CONSIDER YOUR SITUATION

[waiting for you]

>> comes at you <<

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*"Your situation is always significant, but your situation is never determinative." – David Powlison*

Our ultimate situation is the \_\_\_\_\_ . (Psalm 46:1)

## #3 ORIENT YOUR HEART

How \_\_\_\_\_ from your destination are you right now?

What \_\_\_\_\_ are you heading?

Where is your \_\_\_\_\_?

## ANALYZE YOUR SITUATION

What assumptions do you tend to make about suffering, and how do they increase the pain you experience?

Do you tend to minimize how painful life can be?

Do you expect life to be free of trouble? (This often happens when we think we lead a good life compared to others.)

Do you tend to think of good things and bad things as completely separate experiences? In reality, difficulty is often hidden in blessing, and blessing is found in difficulty.

Do you live as if you are invincible, thinking that you will have the wisdom and strength to avoid or endure suffering? Are you surprised when you don't?

Do you expect the good things you have to be permanent?

How are you trusting your life to modern technology's apparent ability to protect or rescue us?

Do you place undue confidence in your ability to control your life, mistakenly assuming that you can manage your way out of suffering?

- How People Change, Tripp/Lane